



# ALLERGENS

<b>Dessert</b>									
Menu Item	Gluten	Wheat	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Crustacean
Dessert, Baklava	wheat	*							
Dessert, Chocolate Chunk Cookie	wheat, barley	*	*	soy lecithin, soybean oil	*		walnut, pecan, cashew, almond		
<b>Extras</b>									
Menu Item	Gluten	Wheat	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Crustacean
Extra, Chips				soybean oil					
Extra, Dolmas									
Extra, Feta Cheese			*						
Extra, Grilled Eggplant									
Extra, Hard Boiled Egg					*				
<b>Kids Menu</b>									
Menu Item	Gluten	Wheat	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Crustacean
Kids Grilled Cheese Pita	wheat, barley	*	*						
<b>Prep Recipes</b>									
Menu Item	Gluten	Wheat	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Crustacean
Prep, Chip Seasoning									
<b>Salads</b>									
Menu Item	Gluten	Wheat	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Crustacean
Salad, Babaganoush									
Salad, Dressing, Creamy Mediterranean Garlic				soybean oil	*				
Salad, Dressing, Greek Vinaigrette									
Salad, Dressing, Lemon Vinaigrette									
Salad, Greek Salad			*						
Salad, Hummus									
Salad, Pickles									
Salad, Red Cabbage									
Salad, Red Onion									
Salad, Romaine Lettuce									
Salad, Seasoned Rice									
Salad, Tabuleh	wheat	*							
Salad, Vegetable									
<b>Sauces</b>									
Menu Item	Gluten	Wheat	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Crustacean
Sauce, Cilantro									
Sauce, Mediterranean Garlic				soybean oil	*				
Sauce, Red Chili									
Sauce, Tahini									
Sauce, Tzatziki			*						
<b>Soups</b>									
Menu Item	Gluten	Wheat	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Crustacean
Soup, Garbanzo Bean									
Soup, Lemon Chicken & Orzo	wheat	*							
Soup, Mediterranean Lentil				soybean oil					
Soup, Tomato Feta Bisque			*						

Allergen Statement: Many of our products contain or may come into contact with common allergens, including the Top 8—wheat, peanuts, soy, tree nuts, milk, eggs, fish and shellfish. Please ask to speak to a manager for a list of ingredients in your order.

LAST UPDATED: 1.16.14